

His Holiness the Karmapa (May 13, 2008)

Karmapa Talk Notes May 13th

On his way abroad for the first time, busy with preparation for that trip. Only 21. Unprepared to give a talk so talks from his feelings and experiences which is more sensible and natural. Embrace things that are worthwhile and things that are not worthwhile leave them aside

Talk on impermanence...in thinking about and talking about impermanence there is nothing to talk about it is what is happening around us all the time

2008 just began drastic changes illustrate impermanence, tremendous increase in basic needs (food prices), fluctuation in economics are expressions in the truth of change, china earthquake cyclone in Myanmar

expression and realities make us all feel anxiety and anxiousness. Knowing everything is impermanent, clinging to the illusion of the absence of impermanence

go hand in hand along with impermanence, unpredictability impermanent, luxury be ahead of impermanence

Tibet political situation is very critical and unexpected, participated in march 10th ceremony

Ones mind is not prepared to accommodate what is really happening, one's mind is really involved multitude of ways impermanence occurs

Unpredictability, mind lost in own state of chlostraphoby

One must take interest in values of impermanence and be prepared for unpredictability

It is not easy...in Tibet unauspicious way of thinking if you entertain thoughts of death...does not serve as preparation

Preparation for impermanence is not clairvoyance

Every day ordinary life we constantly face impermanence and develop different understandings, prepare to handle impermanence in a constructive way

As we live our lives we live by habitual fixation of permanence of things and need to address how we fabricate illusion of permanence...practical and relative reality of building a house. Illusion on the preciousness of the house is unrealistic, hope beyond what the house is made move, house of permanence, house lasts beyond. What one forgets is what one is preparing for and what wealth and houses become more valuable than life in it is built

The preciousness of life is diminished with the illusion of permanence

Plans contingent to the reality of impermanence

Indulging in illusion of impermanence breeds laziness, action

Distorted fixation of clinging and grasping to the point of unreasonability and one sidedness

Each thing has two sides, peripheral view of both sides

Illusion of permanence, impermanence occurs everywhere irrespectively

Death occurs every moment of one's life

Truth of impermanence and inevitability of death accept both sides with confidence

Wisdom within us is our true nature, over come ignorance

Clouds analogy. Sun is clouded, cloud veiled sun but to the sun the cloud does not veil it. In the same vain conditioning veils our wisdom. Day time is light, night time is dark if your fixation say time can be dark and you can only see the darkness of daylight and darkness of night pursue the morning of the light

Relative reality, real meaning of the darkness of the day

To be more aware of impermanence in each day you can see how you born and die each day, every morning you are born

Saying we are impermanent does not mean we give up because of impermanence

Impermanence is not a philosophical concept, it is reality illusion fail to take into account truth

All phenomenon is subject to impermanence, cyclone , earthquake

Unwise to say these are natural scale and these things are too big and there is nothing we can do

People made solemn resolve to benefit each and every being then not acting would go against that

Those who can make a difference for others

Maintain resolve and watch active expressions of those resolves, decrease degree of pain

Don't feel burdened or handicapped by impermanence, not crippling affect

Terrible things are impermanent but so are good things

Having ignorance about the realities of things bring one even more suffering, positive attitudes to practical solutions not fixated