

Dzongsar Jamyang Khyentse Rinpoche (November 16, 2008)

Jamyang Khyentse Rinpoche spent the evening teaching on one of Milarepa's songs. I like his style. He's kind of bad ass and I could see his appeal to many Westerners. I read his book "What Makes You Not a Buddhist" and really enjoyed it. During tonight's teaching he jokingly said that Bhutan was the Saudi Arabia of Buddhism. He talked about how hard it is to be a dharma practitioner. When one of my friend's asked him to inspire us to practice deeper he said, "You need sadness in order to not put off your practice." At that moment I started to cry because I realized what a gift the sadness I'm feeling now is.

Well, some of my favorite lines from his teaching were:

We suffer because we are afraid of being pointless. When you appreciate things that do not have a point then you become spiritual.

Life and Beauty have no logic.

Milarepa's path was an escape from reasoning.

We are in constant delusion because we are always poking. If you look for the Buddha you will never find it.

The Berlin Wall between our meditation and post meditation should collapse.